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| See the source image | **Dear [put your MP’s name here: You can find this here** [**https://members.parliament.uk/members/commons**](https://members.parliament.uk/members/commons)**)**  **We are writing to you as you are our MP** |
| A white paper with black text  Description automatically generatedLaw Human Rights | We are asking you to help us protect **our Human Rights Act and the European Convention on Human Rights.** |
| Rights Disabled | Our Human Rights Act is very important to us. It protects us every day. |
| Respect 2 | It makes sure we are treated with dignity and respect. |
| Gang bullies3 | And it makes sure we are not discriminated against.  ***At the end of this letter there are some examples.*** |
| Everyone | Human Rights are for us all. They are more important now than ever |
| Two people wearing winter clothes, some overdue bills and a gas fire | With people worried about rising costs and not being treated equally. People with disabilities are already at a higher risk of fuel and food poverty. |
|  | We hope that you will support us. So we are asking you to: |
|  | * **Speak up for the European Convention on Human Rights.** |
|  | * **Ask the UK Government to confirm that it will not change our Human Rights Act at a time when we need it most.** |
|  | * **Commit to voting against any piece of legislation which reduces rights.** |
| Speakup4 | Will you help us stand up for our human rights? |
| Thank You 1 | Thank you |
| Put your logo here if you have one | **Put your name and organisation here, with an address or email** |

**3 examples of why the Human Rights Act is important**

* Yolande and her children faced destitution after fleeing domestic violence, but our Human Rights Act ensured they were housed by social services.
* A man with learning disabilities was given accommodation in which he had no access to a shower and his toilet and bed were in the same room, with no kitchen. A health professional used our Human Rights Act to ensure he was given suitable accommodation.
* Mark Woolcock, an NHS worker who died of COVID was entitled to a proper investigation into whether or not proper steps were taken by his employer to protect him.